



Freedom to Formulate™

Ingredients	Dose	Ingredients	Dose	Ingredients	Dose	Ingredients	Dose
Amino Acids		Bitter Melon Extract		Milk Thistle (Silybum marianum) Seed extract (80% Silymarin)		Catalase	
Acetyl-L-Carnitine (as Acetyl-L-Carnitine HCL)		Black Cumin Powder (Nigella Sativa)		Mimosa pudica		Celery Seed Extract	
Alpha Ketoglutaric Acid (AKG)		Boswellin® (Boswellia Serrata Extract)		Moringa Leaf Powder		Chaga Gold	
DL-Phenylalanine		Buchu Leaf Powder		Mucuna Pruriens (98% L-Dopa)		Chamomile	
L-Alanine		Burdock Root Extract		Muir Puama Root Extract 10:1		Chaste Tree Berry Extract	
L-Arginine (as L-Arginine HCl)		California Poppy		Nettle (Urtica dioica L.) Root Extract 4:1		Chlorella (Chlorella vulgaris) Whole Plant	
L-Asparagine Monohydrate		Cilantro Leaves Extract		Olive (Olea europaea) Leaf Extract (18% Oleuropein)		Evodiamine (Evothin™)	
L-Aspartic Acid		Cinnamon - Cinnulin PF® (Cinnamomum burmannii)		Oregano (Origanum vulgare) Leaf Extract 4:1		Fucoidan	
L-Carnitine Tartrate		Cinnamon - Cinnulin PF® (Cinnamomum burmannii)		Organic Flax Seed (Linum usitatissimum)		Goats Rue	
L-Carnosine		Cissus Quadrangularis (Aclicissus®)		Panax Ginseng 5% Powdered Extract		Goku Kola	
L-Citrulline		Clove Extract Powder 4:1		Passionflower (Passiflora incarnata L.) Aerial		Grapefruit Seed Extract	
L-Glutamine		Coleus Forskohlii Extract 10% (Forslean®)		Pomegranate (Punica granatum) Fruit Extract (30% Punicalagins)		Green Coffee Bean Extract 50%	
L-Glutathione (reduced)		Cordyceps (Cordyceps sinensis) Extract (8%)		Quercetin (95% Flower Extract from Sophora)		Gynostemma (Jiaogulan)	
L-Glycine		Damiana Leaf Extract 5:1		Red Clover Extract		Horsetail 7% Silica	
L-Histidine (as L-Histidine HCl)		Dandelion Root Extract		Reishi Mushroom Powder		Huperzia Serrata	
L-Isoleucine		Dichrostachys Glomerata Powder		Relora®		HydroCurc Curcumin	
L-Leucine		Echinacea		Resveratrol (Polygonum cuspidatum) Root Extract		Indole-3-Carbinol (IC)	
L-Lysine (as L-Lysine HCl)		Elderberry Extract 4:1		Rhodiola (Rhodiola rosea) Root Extract (4% Rosavins, 1% Salidroside)		Luteolin	
L-Methionine		Eleuthero (Acanthopanax senicous) Stem and Root		Rhubarb (Rheum) Root Extract 10:1		Noni PE 5:1 (Organic)	
L-Omithine (as L-Omithine HCl)		Fenugreek Extract (50% Saponins UV)		Rosemary Extract		Oregon Grape (Berberis aquibulum) Root Extract	
L-Phenylalanine		Garlic (Allium sativum) Bulb Extract (1% Allicin)		Saw Palmetto (Serenoa serrulata) Fruit Extract (45% Total Fatty Acids)		Parsley Leaf Powder	
L-Proline		Genistein 98% (Natural)		Schisandra Berry Extract		Pau D'Arco Powder	
L-Serine		Ginger (Zingiber officinale R.) Rhizome Extract (5%)		Skullcap Root Extract (90% Baicalin)		Pine Bark Extract	
L-Theanine		Ginkgo (Ginkgo biloba) Leaf Extract (24% Ginkgolides)		Skullcap Root Extract (20% Baicalin)		Shatavari Extract	
L-Threonine		Goldenrod Extract Powder 4:1		Tongkat Ali (Eury Gold 5®) (Eurycoma longifolia) Root Extract		Shilake	
L-Tryptophan		Grape (Vitis vinifera) Seed Extract (95% Proanthocyanidins) (France)		Tribulus (Tribulus terrestris L.) Fruit Extract (40% Saponins)		Shilajit Extract (PrimaVie®)	
L-Tyrosine		Green Tea (Camellia sinensis) Leaf Extract (50% EGCG)		Turmeric Extract - LONGVIDA® Optimized (from Curcuma longa root)		Spirulina	
L-Valine		Gymnema (Gymnema sylvestre) Leaf Extract (25%)		Turmeric Extract (Curcuma longa)		Sunphenon XLB-100	
N-Acetyl-L-Cysteine (NAC)		Hawthorn (Crataegus pinnatifida Bge.) Berry Extract 10:1		Uvae Ursi (Bearberry Extract)		Tart Cherry Powder	
Taurine		Holy Basil Extract 2%		Valerian Extract (0.8% valerenic acids)		Turkey Tail	
		Hops Extract		Willow Bark Dry Extract		Vinpocetine 99%	
Botanicals		KSM-66 Ashwagandha Extract		Yucca Root Extract		Witch Hazel Extract	
Agaricus Extract		Kudzu (Pueraria lobata) Root Extract (40%)		Zembrin			
Aloe Vera Gel		Larch Arabinogalactan Powder					
Arjuna 10:1		Lavender Extract		Flavoring			
Artichoke (Cynara scolymus) Flower Extract (5%)		Lemon Balm Extract		Strawberry Flavor Blend			
Ashwagandha (Withania somnifera) Root Extract		Lbifem® Fenugreek Extract		Organic Coconut Sugar			
Astragalus Extract		Licorice (Glycyrrhiza glabra) Root Extract (20%)		Strawberry (Powder Pure)			
Bacopa Monnieri Extract		Lion's Mane (Hericium Erinaceus)		Strawberry Carmi			
Banaba (Lagerstroemia speciosa L.) Leaf Extract (1%)		Maca Extract 10:1					
Beet Root Extract (SaBeet®)		Magnolia Bark Extract (2% Honokiol)		Herbs			
Berberine Extract (Berberis aristata) root extract (97%)		Magnolia Bark Extract (90% Honokiol)		Black Cohosh Extract			
Bergamot (Citrus bergamia) 40% Polyphenol Fraction		Malake (TD-Fraction)		Blueberry Extract Powder			
Bilberry (Vaccinium myrtillus) Fruit Extract (25%)		Malake PSX Fraction®		Camu Camu (20% Vitamin C)			
BioPerine® (from Black Pepper (Piper nigrum) fruit extract standardized to 95%)		Marshmallow Root		Cats Claw (Uncaria tomentosa) Bark Extract (3% Oxindole Alkaloids)			

See reverse side for more ingredients...





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Ingredient	Dose	Ingredient	Dose	Ingredient	Dose	Ingredient	Dose
Minerals		Calcium D-Glucarate		SOD (Prickly Pear Cactus)		Vitamin C (as Ascorbyl Palmilate)	
Boron (as Boron Citrate)		Careflow® Mango		Syrinol (Citrus sinensis L & palm Elaeis guineensis)		Vitamin C (as Sodium Ascorbate)	
Calcium (as Calcium Citrate)		Chondroitin Sulfate		Theacrine		Vitamin D3 (as Cholecalciferol)	
Calcium (as Calcium Glycinate)		Citric Acid		Trimethyl Glycine (TMG) - Betaine Anhydrous		Vitamin E (as d-Alpha Tocopheryl Acetate)	
Calcium (as Microcrystalline Hydroxyapatite)		Coconut MCT Powder 70% - Vegan		TrueBroc® SGS Broccoli Seed Extract (13%)		Vitamin E (as d-Alpha Tocopheryl Succinate)	
Calcium BHB (elemental potency)		CoQ10 (Ubiquinone)		Zeaxanthin		Vitamin E (as Mixed Tocopherols)	
Calcium Disodium EDTA		Creatine Monohydrate				Vitamin E (as Tocotrienols) DellaGold® 30 CWD	
Chromium (as Chromium Polynicotinate)		D-Ribose				Vitamin K1	
Copper (as TRACAS® Copper Bisglycinate)		DHA (Omega-3 algae)				Vitamin K2 (as Menaquinone-7)	
Iodine (as Potassium Iodide)		DHEA (Dehydroepiandrosterone)				Other	
Iron (as Ferrous Bisglycinate Chelate)		Dindolylmethane (DIM)				Hibiscus Flower Extract 15%	
Lithium (as Lithium Orotate)		Ellagic Extract 190%		Probiotics		Danshen (Red Sage)	
MagnaPower (Creatine)		Gama Aminobutyric Acid (GABA)		Bacillus Coagulans 200 Billion CFU/g		Pueraria Mirifica Root Powder	
Magnesium (as DiMagnesium Malate)		Gamma Oryzanol 97%		Bacillus Clausii 100 Billion CFU/g		Microcrystalline Cellulose (MCC)	
Magnesium (as Magnesium Citrate)		Glucosamine Sulfate (as Glucosamine Sulfate)		Bacillus Mesentericus 100 Billion CFU/g		Precipitated Silicon Dioxide	
Magnesium (as TRACAS® Magnesium Bisglycinate)		Guar Gum		Bacillus Subtilis 100 Billion CFU/g		Fumaric Acid	
Magnesium BHB (elemental potency)		Gugulipid Extract				Acacia Fiber	
Magnesium Creatine Chelate		Hyaluronic Acid		Vitamin		Cranesbill (Geranium)	
Magnesium Glycinate Glutamine Chelate		Hydrolyzed Collagen		Adenosylcobalamin (Vitamin B-12)		Potassium Chloride	
Magnesium L-Threonate		Lactase Powder		Benfotamine		Whey Protein (WPI90®)	
Magnesium Taurinate		Lecithin (sunflower)		Biotin		Pea Protein (Pisane®)	
Manganese (as Manganese Glycinate)		LepiCore®		Choline (as Choline Bitartrate)		Hemp Protein	
Manganese Aspartate 17%		LJ100®		Citicoline (CDP-choline)		Rice Protein (RisaPro1000®)	
Molybdenum (as TRACAS® Molybdenum Glycinate Chelate)		Lutein		Folate (as Folic Acid)		Rice Powder (Arrosweet®)	
Potassium (as Potassium Citrate)		Lycobeads® (Lycopene, tomato extract)		Folate (as Quatrefolic L-5-Methyltetrahydrofolate, 5-MTHF)		AnaGain Nu	
Selenium (as L-Selenomethionine)		Magnasweet		Folinic Acid (Folate)		Apple Extract 30% Polyphenols	
Strontium (as Strontium Citrate)		Malic Acid		Hydroxocobalamin (Vitamin B-12)		CoQ10 Blend (for powder formulas) (Sunflower Lecithin)	
Vanadium (as Vanadyl Sulfate)		Melabnin		Inositol		DMAE Bitartrate	
Vanadium Citrate		Micro PQQ		Inositol Hexanicofate		Epimedium Extract 8:1 (Horny Goat Weed)	
Zinc (as TRACAS® Zinc Bisglycinate Chelate)		MSM (Methylsulfonylmethane - OptiMSM®)		Inositol Hexaphosphate (I6)		ETASSO	
Zinc (as Zinc Picolinate)		Natural Caffeine 98% (From Green Tea)		L-5-methyltetrahydrofolate, calcium salt		Extreme® (SOD-B)	
Zinc Carnosine		Nippi TruMarine Collagen		Liposomal Pureway-C™		Nopal Fruit Powder	
Zinc Gluconate		Organic Coconut Cream Powder		Methylcobalamin (Vitamin B-12)		Omega-3 DHA/EPA (AvailOm® High DHA) 3:1	
		PEA (Palmitoylethanolamide)		Mixed Carotenoids		Omega-3 EPA/DHA (AvailOm® High EPA) 2:1	
Nutraceuticals		PharmaGABA		Niacin (as Niacinamide)		Organic Coconut Milk Powder	
1,3 Beta Glucan 85% (BGF-Immune®)		Phosphatidylcholine (from Sunflower Lecithin)		Nicotinamide Mononucleotide (NMN)		ParActin®	
5-HTP		Phosphatidylserine		Nicotinic Acid (Niacin)		PeakO2®	
Adrenal Concentrate		Plant Sterols (95% Phytosterols)		PABA (Para-Aminobenzoic Acid)		Potassium Bicarbonate	
Alpha Lipoic Acid		Policosanol 95%		Pantethin HF55 (Pantothine 55%)		Wild Lettuce Powder	
Amylase (Food Grade)		Porcine Kidney Powder		Pantothenic Acid (as Calcium Pantothenate)			
Apple Cider Vinegar		Pregnenolone		Riboflavin (as Riboflavin 5 Phosphate)			
Asiatic Acid		Psyllium Husk Powder		Thiamine (as Thiamine Mononitrate)			
Beef Liver Powder		Pterocribene		Vitamin A (as Beta Carotene)			
Betaine HCl		Red Yeast Rice 10:1 Powder		Vitamin A (as Vitamin A Palmilate)			
Bioferrin		Ribonucleic Acid (RNA)		Vitamin B-6 (as Pyridoxal 5 Phosphate)			
Bioflavonoid Complex (Lemon Citrus lemon - 90%)		SAM-e		Vitamin B-6 (as Pyridoxine HCl)			
Bromelain 2400 GDU		Sea Salt		Vitamin C (as Ascorbic Acid)			

